

Vice President of the Theosophical Society in Portland

AVE YOU EVER FELT like you were doing everything you could, but still felt exhausted, nervous, and uneasy? You may find yourself constantly checking your phone, coordinating many projects at the same time, and multi-tasking your way through the day. Contemporary life may be generating an unintentional fight-or-flight mode of engaging with life that does not allow us a chance to recharge.

However, you have the ability to create the energy you need to enjoy your life. This presentation is offered in an effort to help you develop this capacity.

Theosophy holds that spiritual progress involves the redirection of energy from the personal self to the All-encompassing Self present in all. We all have the ability to consciously cultivate a state of being that is conducive to both personal growth and spiritual development. To this end, this presentation will examine conscious energetic practices informed by the Chakras, as viewed from the Hindu tradition. Participants will also learn of the Sephirot of the Qabbalist Tree of Life, as well as concordant teachings of Esoteric Islam from the Koran.

The talk will conclude with a discussion of a conjoined examination of the Tree of Life with the Chakras, as well as energetic practices designed to aid in the creation of Adam Kadmon, the Perfect Man.

Ron is a life member of the Theosophical Society in America and holds the Higher Diploma in Theosophy granted by the Theosophical Society in England. He is a third-generation Theosophist and a native Oregonian. He has held various leadership positions throughout his life, and has over twenty years tenure as university-level faculty member within the State of Oregon.

DATE Saturday, June 21st

SCHEDULE

Doors: 5:00 pm Lecture: 5:30-6:30 pm [Public]

Esoterika Stated Meeting: 7:00 pm [Masons only] LOCATION 1512 SW Morrison Street Portland, Oregon 97205

ADMISSION \$10 (suggested donation) Refreshments provided

FOR MORE INFORMATION Esoterika Facebook page



Ron Karsten